

Appin Park News

LEARNING FOR LIVING
I SHOW RESPECT
I AM RESPONSIBLE
I CARE

3rd March, 2022

Save the Date

March

14 Labour Day
15-23 Somers Camp
21 School Council AGM
29-1 Grade 3/4 Camp

April

5 School Athletics
8 Last day of Term 1
25 ANZAC Day
26 First day Term 2

Hello Everyone

Tomorrow brings us to the halfway mark of term 1 and what a smooth start we have had. The second half of term will see things become busier, with Somers Camp for some of our 5/6 students, the 3/4 camp to 15 Mile Creek, Athletic Sports in the last week of term and of course our annual Casual Clothes Day leading up to our fundraising Easter Egg Raffle which will be drawn on the last day of term, Friday 8th of April. Tickets will be sent home with students on Monday.

COVID Update

Positive Covid Cases

We have had a number of positive covid cases reported in students who have been in classrooms when infectious. We ask that you continue with the recommended twice weekly rapid antigen testing using the test kits provided. Please keep your child at home if

If staff or students receive a positive test result at any time, they must notify school immediately and report this through the Department of Health system (Rapid antigen tests | Coronavirus Victoria) or via the coronavirus hotline at **1800 675 398**. The student is then required to isolate for 7 days.

Where a student is a household contact of a positive case (that is, they have spent more than four hours with someone who has COVID-19 inside a house, accommodation, or care facility) they must inform the school and isolate for seven days and not attend school during that period.

Mask Wearing

Students in Grade 3 to Grade 6 must wear a face mask indoors, unless a lawful exception applies. Grades 3 to 6 students must wear face masks even if vaccinated. Grade 3 to 6 students are not required to wear masks outside, however they are strongly recommended if physical distance cannot be maintained or when students are not undertaking physical exercise (for example; masks are strongly recommended when classes are held outside). Staff are also required to wear a mask indoors. Visitors over the age of 8 entering school buildings are required to wear a mask.

Vaccination

As part of the COVID-19 vaccination roll-out, all school staff and all students aged 5 and over are eligible to receive a COVID -19 vaccine. Staff are required to be triple vaccinated. Students are not required to be vaccinated to attend school.

Staff doing the Learning

On our student free day yesterday, all teaching staff took part in a day of online learning. Staff were trained in 'Smart Spelling' by Michelle Hutchison, a program designed to improve student spelling outcomes and knowledge of letters and sounds. The program offers resources for foundation to grade 6. Over the next few weeks staff will start to roll out this approach so you may find your children talking about some spelling changes at home. <https://www.smartspelling.com.au/>

Fiona Carson - Principal

Respect

As we work together to help our children to understand their emotions, we need to consider the different ways we might label actions and emotions.

When we label our children based on their emotions, we can impact their understanding of themselves, and their potential to grow and change.

We are not our emotions.

Our children are not their emotions either.

Responsibility

Caring

Instead of saying my child is an angry child; we might say, my child gets angry when ...

Instead of saying my child is a worrier; we might say, my child worries about ...

Instead of saying my child is emotional; we might help our child to understand and name their emotions in that moment.

We can help our children to recognise the difference between the behaviour they exhibit when they feel a particular emotion, and the emotion itself.

Our behaviour is not who we are.

Our behaviour communicates our emotions.



ICY POLES

50 cents each every Friday lunchtime from the Canteen

Specialist Happenings

Students have been working on some meditation and calming routines at the end of each PE session. After some intense workouts they have been able to take a deep breath, reset, and be ready for their next class. It has been wonderful watching the majority of students engage in a time where they give themselves a few minutes to recover and bring themselves back to a calm place. They are encourage to continue to find themselves some time and space at home, when there may be a need to remove themselves and to take some deep breaths.



In the Art Room students have been working on their self portraits.



Sports News

Annual School Athletics

After having our school athletics sports cancelled for the last couple of years, we are hopeful that the weather will be perfect for Tuesday 5th April, when we will conduct our sports day at the Athletics Track in Appin Street. All children are involved and will be competing in a variety of events throughout the day. The children are in sports teams and all results will gain points towards their team being awarded the Athletics Shield for the year. To add to the spirit of the day, we ask the children to wear the colours of their sports team if possible. If you are unsure of your child's team please speak to their teacher.

This whole day program requires a great deal of help and support from parents and families. We need help with individual events as well as marshalling age groups. If you are able to help could you please send a message back to school, with an indication of the area that you would be able to help with, by next Thursday, 10th March.

We need help with:

- High Jump - Long Jump - Triple Jump - Shot Put - Vortex - Time keeping
- Help with an age group (the age groups are based on what age your child turns this year, however, some of the senior students may have elected to compete with their classmates rather than their age group)

There will be more information included in a newsletter closer to the event.

CHILD'S NAME GRADE

I am able to help with: EVENT AGE GROUP

YOUR NAME PHONE

THIS WEEK IN FOUNDATION

Pancakes, pigs, planes, people and playdough....
What could the letter of the week be?





Clean Up Australia Day

Monday 7th March 2022

5.30pm - 7.00pm

Come along to learn more about the wonderful native wildlife that live around our waterways and help clean up along the One Mile Creek. Snacks will be provided. Please bring your own water bottle and gloves and wear sturdy footwear.

Venue: One Mile Creek, Wangaratta

Meet at the creek reserve near the Appin Street carpark - Northern end of Appin Street, past the Appin Park Primary School.

To book for this free event go to the link below and for more information please contact environment@wangaratta.vic.gov.au or call the Environment Team on 03 5722 0888

FREE EVENT - Bookings Essential.

events.humanitix.com/rcow-cuad

wangaratta.vic.gov.au/enviroevents



Rural City of
Wangaratta