

Appin Park News

LEARNING
FOR LIVING
I SHOW RESPECT
I AM RESPONSIBLE
I CARE

14th September, 2023

Save the Date

September

14th F-2 Sleepover
15th Footy Day
15th End of Term

October

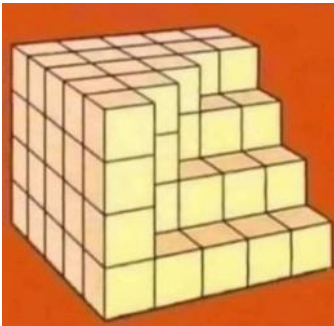
2nd Term 4 begins
9th Assembly

Hello All,

Tomorrow brings us to the end of Term 3. This means Mrs Carson will be returning next Term, all refreshed and ready to go. I'd like to thank Mrs Dykes and Mrs Leerson for all their work they have done with 5/6K over the past 10 weeks.

As mentioned in the newsletter last week, we are running the coin lines activity for sports team day tomorrow morning so students are encouraged to come dressed in their team colours and bring along some coins on the day. Junior students who are attending the sleepover will need to pack their sports team colours and coins and bring them tonight.

There has been lots of cooking this Term across the year levels. 5/6K have been running their own restaurants for their fellow classmates. They have had to find recipes, order supplies to a budget, create menus, placemats, and then prepare and cook the food for the class. There has been tacos, pasta, burgers, sausage rolls and lots more on offer throughout the program. I've been lucky enough to visit all of the restaurants and want to say well done to all students involved—they were great!!



Thanks to those who had a go at last week's brain teaser which was **What are the next two letters in this? W, A, T, N, T, L, _ _**? The correct answer was **I, T** based on the first letter of each word of the question. We had 10 lucky winners.

Here is the final brain teaser for the Term...

How many cubes are required to complete the large cube ?

Don't forget to come to the drive through tomorrow morning and put your answer in the mailbox. Have a great holidays and thank you all for your support while I was in this role for the term,

Craig Kerlin—Acting Principal

Principal's Award

Flynn Johns Lord

For always being respectful towards other members of the school community and offering to help others in need.

Certificates of Recognition

Elora Long
Xander Nevinson
Nina Cook
Alex Learmount

A note from CASEA - Natural and Logical Consequences

Consequences help children understand behavioural expectations. A **natural consequence** is one that occurs without parents imposing it. For example, if your child doesn't tidy her room the consequence might be that they are unable to find their favourite toy. A **logical consequence** is one imposed and related to the behaviour you want to discourage. For example, if your child's wears muddy boots inside they will need to clean it up.

Keep consequences age appropriate and fair

Be sure you can follow through with the consequences you set up

Make consequences immediate

Make consequences natural or logical and non-punitive.

Make consequences short and direct. Keeping them short (e.g. T.V off for 10 minutes because siblings are fighting over it) means they will have the opportunity to solve the problem differently when it comes back on. If it's off for the rest of the day they do not have the opportunity to learn how to solve it differently.

Adapted from the Raising Children Network and Carolyn Webster-Stratton

This week, try stepping back and giving opportunity for natural consequences to occur, and help your child to problem solve these where appropriate. If you would like any further support regarding parenting approaches, please contact the CASEA team on casea@awh.org.au

Junior Unit Happenings



It has been another extremely busy term for the Junior Unit! The students were lucky enough to have the local firefighters come in for two sessions per class. They have also enjoyed taking part in numerous cooking sessions as part of our Farm to Fridge Quest. A special thanks to Kade and Lisa from **The Don's Pizzeria** for their generosity in helping out F/I/G with their pizzas, supplying ingredients and their time. A lot of practice went into preparing for last week's Athletics Day during PE and Sport sessions.



Busy work at Appin

Jamie Pronk, our Education support staff member and "Jack of all trades"—has been working on preparing some concrete for our new buddy benches. His team of helpers, dug out, boxed up and prepared for the concrete, which was poured on Monday.

We will be fixing the seats to these spots today —good work team!

